



# ILCA Dun Laoghaire Sprint Grand Prix 2026

## Sailing Instructions



Proudly hosted by Dun Laoghaire Motor Yacht Club, Dublin Bay Sailing Club,  
The Royal Irish Yacht Club and The Royal St. George Yacht Club.

### 1 ORGANISING AUTHORITY

- 1.1 The Organising Authority (OA) for each event will be the relevant Host Club, as listed in the Schedule below.

### 2 RULES

- 2.1 The events will be governed by the rules as defined in The Racing Rules of Sailing.
- 2.2 The prescriptions of Irish Sailing will apply.
- 2.3 Rules of the Irish Laser Association (ILCA Ireland) will apply.
- 2.4 Racing Rules 28.1, 29.2, 35, 60.1, 60.3, 61.1, 61.2, 61.4, A4, A5 and Race Signals AP are changed as detailed in these Sailing Instructions.

### 3 NOTICES TO COMPETITORS

- 3.1 Notices to competitors will be posted on the event WhatsApp group.

### 4 CHANGES TO SAILING INSTRUCTIONS

- 4.1 Any change to the Sailing Instructions will be posted on the event WhatsApp group before 11:00 on the day it will take effect, except that any change to the schedule of races will be posted by 20:00 on the day before it will take effect.

### 5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed on the flagpole of the Host Club.
- 5.2 If flag AP is displayed ashore, the warning signal for the first race will be made not less than 45 minutes after flag AP is removed. This changes Race Signals AP.
- 5.3 On each day of racing, boats shall not launch until a notice is published in the event WhatsApp group, indicating that it is safe to launch. No warning signal will be made until at least 45 minutes after this notice is published.



## 6 SCHEDULE OF RACES

6.1 Four events are scheduled, on Sunday afternoons on the dates shown below:

Date	Host Club	Date	Host Club
26 April	Dun Laoghaire Motor Yacht Club	12 July	Royal St. George Yacht Club
17 May	Dublin Bay Sailing Club	16 August	Royal Irish Yacht Club

6.2 A briefing will be held at the Host Club and will be broadcast via a link shared on the event WhatsApp group at 12:45 on the day of each event.

6.3 Up to six races may be sailed in each event. The first warning signal for each event is scheduled for 14:00 on the day of the event. Subsequent races will be started soon after the last boat finishes the previous race.

6.4 In each race, the starting order will be ILCA 7 (full rig), followed by ILCA 6 (radial), then ILCA 4 (4.7). This order may be changed, depending on the number of entries in each class.

## 7 CLASS FLAGS

7.1 The ILCA class flags will be used, as shown below:

ILCA 7  
White



ILCA 6  
Green



ILCA 4  
Yellow



## 8 RACING AREA

8.1 The Racing Area will be in Dublin Bay, South of the Shipping Channel. Details will be given at the briefing.

## 9 THE COURSE

9.1 The course will be approximately rectangular, as shown in the diagram on the right (not to scale). All marks are to be rounded to port in numerical order.

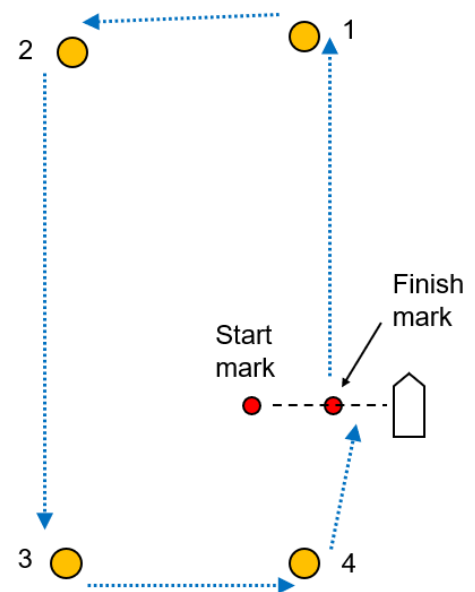
9.2 Each race will consist of one lap of the course.

## 10 MARKS

10.1 The marks of the course will be inflatable marks. These will be described at the briefing.

10.2 The start mark will be different from the marks above and will be described at the briefing.

10.3 The finish mark will be different from all the marks above and will also be described at the briefing. This mark need not be in place at the start of a race, and if it is in place, it has no significance at the start of the race.



## 11 THE START

11.1 The start line will be between a striped pole, displaying an orange flag, on the committee boat at the starboard end and the course side of the start mark at the port end.

11.2 To alert competitors that a sequence of races will begin soon, the orange flag will be displayed, with one long sound signal, not less than one minute before the first warning signal of the sequence is made.

11.3 Races will be started in accordance with RRS 26, with the warning signal made 3 minutes before the starting signal. The warning signal for each succeeding class will be made with the starting signal of the preceding class.

11.4 It is the intention of the Race Officer to use the black flag preparatory signal and apply RRS 30.4 for all starting sequences. Starts will be recorded and boats breaking RRS 30.4 will be disqualified from the relevant race without a hearing.

11.5 A boat that does not start within 3 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A5.

11.6 In the event of a general recall, if there are other classes waiting to start, the normal starting sequence will continue. The recall signal (First Substitute) will be removed at the preparatory signal of the next class, with no additional sound signal. The warning signal for the restart of the recalled class will be made at the end of the normal starting sequence. If there is more than one recalled class, the restarts will be in the order of the normal sequence. This changes RRS 29.2.



## 12 THE FINISH

12.1 The finish line will be between a striped pole, displaying a blue flag, on the committee boat at the starboard end and the course side of the finish mark at the port end.

## 13 TIME LIMIT

13.1 A boat that does not finish within 10 minutes after the first boat in her class sails the course will be scored Did Not Finish (DNF) without a hearing. This changes RRS 35 and A5.

13.2 When the majority of boats in a class have finished, a race committee boat displaying flag W may notify a boat still racing that she will be assigned a score corresponding to her place in the race at that time. If two or more boats are overlapped at that time, they will be assigned equal scores. A boat so notified is not subject to SI 13.1, and shall stop racing and proceed to the start area, or return ashore if there is no more racing that day. This changes RRS 28.1, A4 and A5. The decision by the Race Committee to use this procedure or not to use it shall not be grounds for redress. This changes RRS 61.1(a) and 61.4(b).



## 14 HEARING REQUESTS

*The ILCA Sprint Grand Prix is intended as a training regatta, and protests are not expected by the OA. A boat that has broken a rule is encouraged to take a penalty or retire, as in RRS 44.1, to avoid the need for a protest.*

14.1 Hearing request forms are available at the race office of the Host Club.

14.2 Completed forms shall be delivered to the race office no later than 60 minutes after the last boat has finished the last race of the day, or the Race Committee signals no more racing today, whichever is later. The same time limit applies to protests by the Race Committee and Protest Committee. This changes RRS 60.3 and 61.2.

14.3 Notices will be posted within 15 minutes of the time limit to inform competitors of hearings in which they are parties or named as witnesses.

14.4 A hearing may be held on the day of racing or on a later day. A hearing may be held in person or via online meeting.

14.5 Breaches of Sailing Instruction 18, 19, 20, 21 or 22 shall not be grounds for protest by a boat. This changes RRS 60.1. Penalties for these breaches will be decided by the Protest Committee and may be less than disqualification.

## 15 SCORING

15.1 In each event, 2 races must be scored to constitute a series.

15.2 In each event, if fewer than 3 races have been scored, a boat's score for the event will be the total of her race scores. If 3 or more races have been scored, one race score will be excluded, as in RRS A2.1.

15.3 If overall prizes are to be awarded for the Grand Prix, at least 2 events must take place, with at least 2 races scored in each of those events.

15.4 A boat's overall score for the Grand Prix will be the total of her race scores if only 4 races have been scored. If 5 or more races have been scored, 1 race score will be excluded, as in RRS A2.1. If 10 or more races have been scored, 2 race scores will be excluded. If 15 or more races have been scored, 3 race scores will be excluded. If 20 or more races have been scored, 4 race scores will be excluded.

## **16 PRIZES**

16.1 In each event, prizes will be awarded to the competitors with the 3 lowest scores in each category below. Additional prizes may be awarded.

ILCA 7 (Laser Standard) Under 30

ILCA 7 (Laser Standard) Master

ILCA 6 (Laser Radial) Under 30 Male

ILCA 6 (Laser Radial) Under 30 Female

ILCA 6 (Laser Radial) Master Male

ILCA 6 (Laser Radial) Master Female

ILCA 4 (Laser 4.7) Male

ILCA 4 (Laser 4.7) Female

16.2 Prizes may also be awarded for the series of events, using the same categories as above.

16.3 Prize winners will be informed when and where to collect their prizes via the event WhatsApp group.

## **17 SAFETY REQUIREMENTS**

17.1 RRS 40.1 applies: Each competitor shall wear a personal flotation device at all times when afloat for these events. Wetsuits and dry suits are not adequate.

17.2 A boat shall have a painter (tow line) at least 7 metres in length, made fast to the bow.

17.3 A boat that retires from a race shall notify a race committee vessel as soon as possible.

## **18 REPLACEMENT OF CREW OR EQUIPMENT**

18.1 Substitution of competitors will not be allowed without prior written approval of the Race Committee.

18.2 Substitution of damaged or lost equipment will not be allowed unless authorised by the Race Committee. Requests for substitution shall be made at the first reasonable opportunity.

## **19 EQUIPMENT AND MEASUREMENT CHECKS**

19.1 A boat or equipment may be inspected at any time for compliance with the class rules and Sailing Instructions. On the water, a boat may be instructed by a Race Committee measurer to proceed immediately to a designated area for inspection.

## **20 SUPPORT BOATS**

20.1 Coaches and other support personnel shall stay at least 100 m outside the area where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired or the Race Committee signals a postponement, general recall or abandonment.

20.2 No boat shall be towed to or from the race area unless this is requested by the Race Committee. Boats that do not comply will be scored Disqualified (DSQ) for all races on that day.

20.3 For safety, all support boats shall follow any relevant instructions from the Race Committee.

## **21 RUBBISH DISPOSAL**

21.1 Rubbish shall not be disposed of in the sea. It may be placed aboard support boats while not racing.

## **22 RADIO COMMUNICATION**

22.1 Except in an emergency, a boat that is racing shall not make any radio transmissions (voice or data) and shall not receive any radio communications not available to all boats.

## **23 RISK STATEMENT, LIABILITY**

23.1 The Risk Statement is as published in the Notice of Race.

23.2 The OA cannot be held responsible for any injury, accident or damage to any person, boat or equipment arising out of these races. The same applies to ILCA Ireland, the event sponsors, the patrol boat personnel and any volunteer acting on behalf of the OA.

## **24 INSURANCE**

24.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of €3,000,000 per incident or the equivalent.

**End of Sailing Instructions**