

DMYC Frostbite Challenge

For Mono-Hull Dinghies

2017-2018

PROGRAMME: There will be racing each Sunday, weather permitting, from 5th November to 17th December 2017 and from 7th January to 25th March 2018.

MEMBERSHIP: All paid-up competitors are honorary members of the DMYC on race days and on the evening of the prize-giving. The DMYC reserves the right to withdraw this membership.

We ask your assistance in our efforts to keep the racing simple, trouble-free, safe and enjoyable, bearing in mind the constraints involved in setting courses, racing in confined waters and the compromises of the handicapping system. We remind competitors to keep the marina fairway clear before, during and after each race.

1 RULES

- 1.1 All races will be governed by the Racing Rules of Sailing, the Prescriptions of Irish Sailing (ISA Prescriptions), these Sailing Instructions and the appropriate Class Rules.
- 1.2 Racing rules 26, 27, 29, 32, 35, 63, A3, A4 and A5 will be changed as detailed below.
- 1.3 All helmspersons must be members of the national authority or an Irish Sailing (ISA) Category 1 Club.
- 1.4 No boats should be left unattended on the DMYC slip.
- 1.5 A boat wishing to sail with a change in sail number or personnel must inform the race committee before the start of the race, and get an acknowledgement of this from the race committee.

2 NOTICES TO COMPETITORS

Notices to competitors will be displayed on the Notice Board in the DMYC Clubhouse, and may also be posted on the DMYC web site or other media.

3 CHANGES TO SAILING INSTRUCTIONS

Any changes to the sailing instructions will be posted before 13:00 on the day it will take effect, except that any change to the schedule of races will be posted at least six days before it will take effect.

4 SIGNALS MADE ASHORE

Signals made ashore will be displayed on the yardarm of the DMYC clubhouse.

5 SCHEDULE OF RACES

- 5.1 Races are scheduled on Sundays as below.

Series 1	Sundays from 5 th November 2017 to 17 th December 2017
Series 2	Sundays from 7 th January 2018 to 25 th March 2018
Overall Series	All dates above.
- 5.2 There may be one or two races each day. If a second race is to be sailed, a board marked "2 Races" will be displayed on the committee boat at or before the finish of the first race.
- 5.3 The scheduled time of the warning signal for the first race each day is 13:57.

6 CLASSES and CLASS FLAGS

Laser 1 class (Laser 1 with full, radial or 4.7 rig)	Laser flag
PY1 class (boats other than Laser 1, with PY number ≤ 1068)	flag F
PY2 class (boats other than Laser 1, with PY number ≥ 1069)	flag W

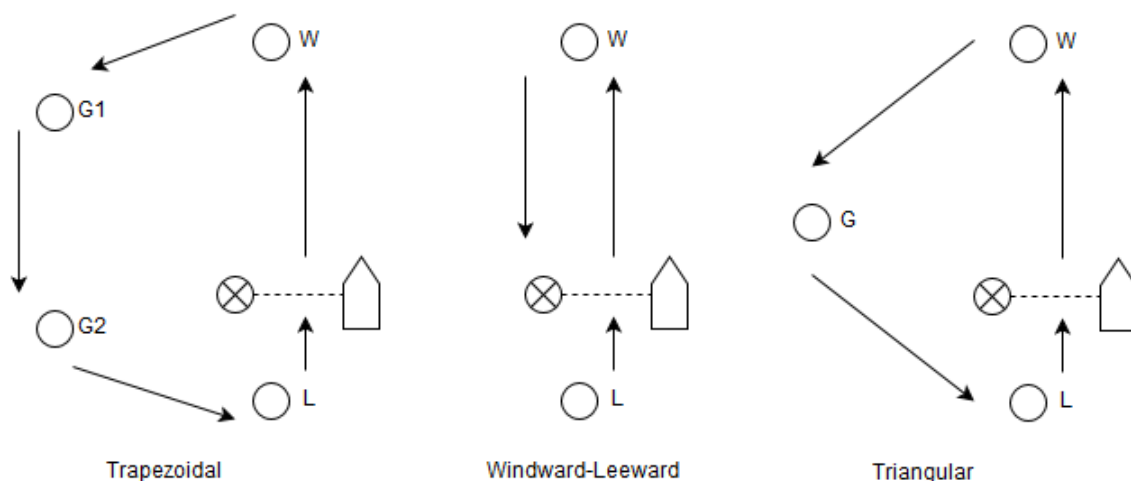
7 RACING AREAS

Racing will take place in Dun Laoghaire Harbour or in the waters of Dublin Bay close to Dun Laoghaire Harbour.

8 COURSES

- 8.1 The course may be Trapezoidal, Triangular or Windward/Leeward, as in the diagrams below (not to scale). Display of **flag O** will indicate a windward/leeward course, **flag T** will indicate a triangular course.
- 8.2 Display of a red flag indicates that all marks are to be rounded to port, as in the diagrams. Display of a green flag indicates that all marks are to be rounded to starboard, and the rounding marks will be laid in a mirror image of the diagrams below.

- 8.3 Flag E displayed indicates that a separate and distinctive windward mark will be laid further upwind than the main windward mark, and the PY1 class shall round that mark on every lap, in place of the main windward mark. Other boats shall ignore this extra mark.
- 8.4 The number of rounds to be sailed will be indicated by a number board on the committee boat. If a triangular course is being used, a black triangle may be displayed instead of a number board, and the course will then be WGL, WL, WGL and thence to finish (similar to an Olympic course). This board will be displayed no later than the preparatory signal of the relevant class. This changes RRS 27.1. See also SI 11.3 and 11.4.
- 8.5 **When a blue flag is flying on the committee boat, boats shall not cross the finish line except to finish.**



9 MARKS

The rounding marks will be orange or yellow inflatable marks. The start/finish mark will be a striped or other distinctive mark. A second distinctive windward mark may be used under S.I. 8.3.

10 THE START

- 10.1 Races will be started using RRS 26, with the warning signal 3 minutes before the starting signal of each class, and the preparatory signal 2 minutes before the starting signal. This changes RRS 26. The normal start sequence for the first race is:

Class	Warning	Preparatory	One Minute	Start
PY2	13:57	13:58	13:59	14:00
Laser 1	14:00	14:01	14:02	14:03
PY1	14:03	14:04	14:05	14:06

- 10.2 The start line will be between a striped pole on the committee boat and the course side of the start mark.
- 10.3 **Races will normally be started using the I flag rule of RRS 30.1.** Boats whose warning signal has not been made shall avoid the starting area during the starting sequence of other classes.
- 10.4 In the event of a general recall, the normal starting sequence will continue. The warning signal for the restart of the recalled class will be made at the end of the normal starting sequence. If there is more than one recalled class, the restarts will be in the order of the normal sequence. This changes RRS 29.2.
- 10.5 A boat that does not start within 10 minutes of her starting signal will be scored Did Not Start without a hearing. This changes RRS 63.1, A4 and A5.

11 THE FINISH

- 11.1 The finish line will be between a striped pole on the committee boat and the course side of the finish mark (except under SI 11.2).
- 11.2 The course may be shortened at any rounding mark in accordance with RRS 32.
- 11.3 **When flag V is displayed on the committee boat and/or near the leeward mark, with sound signals, all boats should proceed to the finish line and finish at the end of their current lap, having rounded the leeward mark as normal.** When flag V is displayed with a class flag or flags, it applies only to the class or classes indicated. The finishing time for boats that have been lapped will be adjusted in an equitable manner. This changes race signals and RRS 32 and A3.

- 11.4 The race officer may ask individual boats at the end of the fleet to finish or to retire before completing the full course, in which case an equitable arrangement will be made regarding their finishing time. This changes RRS 35, A3, A4 and A5.

12 PROTESTS

- 12.1 A boat wishing to protest another competitor must inform the race officer before leaving the race area.
- 12.2 Protest forms are available at the race office in the DMYC. Protests should be delivered to the race office within one hour of the last boat finishing the last race of the day.
- 12.3 Protests will normally be heard at 1700 hours on the Sunday following the protest, but a protest on the last day of a series will be heard as soon as practicable, to facilitate prize-giving.

13 SCORING

- 13.1 The scoring system in RRS Appendix A will be used. Sections A5 and A9 will apply.
- 13.2 Finish times of all boats will be adjusted using the Portsmouth Yardstick handicap system.
- 13.3 At least 2 boats must start to constitute a race.
- 13.4 At least 3 races must be completed to constitute a series.
- 13.5 When more than 5 races have been completed in a series, discards will be allowed as follows:
6 to 8 races: 1 discard; 9 to 11 races: 2 discards; 12 to 14 races: 3 discards;
15 to 17 races: 4 discards; 18 or more races: 5 discards.

14 SAFETY REGULATIONS

- 14.1 Adequate personal buoyancy must be worn by all competitors. Wet suits are not sufficient.
- 14.2 Each boat should have on board a knife, which is readily accessible in the case of capsizing.
- 14.3 All dinghies must have a towing line, properly secured.
- 14.4 Boats entered in the DMYC Frostbite Challenge shall not go outside the harbour between 1330 hours and dark on days when racing is taking place, unless racing is being held outside the harbour.
- 14.5 The priority of safety boat personnel is the safety of people. The instructions of safety boat personnel must be obeyed.
- 14.6 In breezy conditions, especially if the race is abandoned, boats must return to shore as soon as possible after finishing or retiring. In extreme conditions, it may not be possible to return to the point of departure. If racing is being conducted outside the harbour the safest point of return may well be the public slip in Seapoint Bay.
- 14.7 In the event of racing being abandoned due to severe weather conditions, competitors are required to report immediately to the DMYC on their arrival on-shore. (Telephone: 01-280-1371).
- 14.8 Failure to comply with any of these safety instructions may lead to non-discardable disqualification. This changes RRS A5.

15 DISCLAIMER OF LIABILITY

Competitors participate in the Frostbite Series entirely at their own risk. See RRS Rule 4, Decision to Race. Neither the Dun Laoghaire Motor Yacht Club, the sponsors, the rescue personnel, nor the organisers can be held responsible for any injury, accident or damage to any person, boat or equipment arising out of these races.

16 PRIZES

Prizes will be awarded to the top three boats in each class in each series. There will also be a prize for the best Junior, best Laser Radial and best Laser 4.7 in each series. Prizes for series 1 will be awarded, if possible, on Sunday 17th December 2017 at the Christmas party. Prizes for series 2 and for the overall series will be presented in the DMYC on 25th March 2018.

Special prizes will be presented after each day's racing (at approx. 1700 hours) to the best placed competitor in each race who has not already won a weekly prize. Competitors must be present to collect prizes on the day.



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