

SAILING INSTRUCTIONS

1. GENERAL:

- i) All races will be sailed under the Racing Rules of Sailing, ISA Prescriptions, these Sailing Instructions and the appropriate Class Rules.
- ii) All helmspersons must be members of the national authority or an ISA Category 1 Club.
- iii) No boats should be left unattended on D.M.V.C. Slip.
- iv) This is a category A event. No advertising may be carried other than specified in this SIs

2. COURSES:

Courses may be laid inside OR outside the harbour at the discretion of the P.R.O.

- i. The courses may be Trapezoidal, Triangular or Windward/Leeward.
- ii. Numeral 6 will indicate a windward/leeward course
- iii. Numeral 7 will indicate a triangular course
- iv. The number of rounds to be sailed will be indicated at each start by a number board.
- v. Triangular courses laid outside the harbour may include a 'sausage' leg, indicated by a black triangle displayed on a board.
- vi. If a black triangle is displayed for a triangular course, no number board will be displayed and the rounds will be: WGL, WL, WGL and thence to finish.
- vii. For the Fireball & RS Classes only: a separate black weather mark may be laid further upwind for the Fireball Class. Flag E indicates that the Fireball & RS Classes shall sail around that mark on every round.
- viii. Any course may be shortened. See Section 6.
- ix. A Red Flag denotes a Port Course; a Green Flag denotes a Starboard Course.
- x. The Start Line will be between the mainmast on the Committee Boat and a nearby mark.

3. STARTS:

The Sound Signal Starting System of Appendix Q will be used. This changes RRS Rule 26 Class flags will be: PY Class - "Z" Flag; Lasers - "Class" Flag; RS Class - "R" Flag; Fireball Class - "F" Flag.

A minimum of two boats will constitute a race.

i) <u>Schedule</u>	<u>Flag Signals</u>	<u>Classes Starting</u>
1357 hrs	Z displayed	
1358 hrs	P and Z displayed	
1359 hrs	P lowered	
1400 hrs	Z lowered; Laser displayed	PY Start
1401 hrs	P and Laser displayed	
1402 hrs	P lowered	
1403 hrs	Laser lowered; R displayed	Laser Start
1404 hrs	P and R displayed	
1405 hrs	P lowered	
1406 hrs	R lowered; F displayed	RS Start
1407 hrs	P and F displayed	
1408 hrs	P lowered	
1409 hrs	F lowered	Fireball Start

The sequence will be adhered to regardless of any delays and for recalls.

- ii) Round the Ends Rule. This will be in force for all races and starts, although Flag "I" will not be flown. This amends RRS 30.1.
- iii) A boat shall not start later than 10 minutes after her Starting Signal.
- iv) Dinghies MUST report to the Committee Boat prior to their start and inform it of any changes in personnel or sail numbers.

4. INDIVIDUAL RECALL:

- i) Flag "X" and One Sound Signal.

5. GENERAL RECALL:

- i) 1st Substitute and 2 Sound Signals may be made. The recalled Class(es) will be restarted without any delay at the end of, and in order of, the Starting Schedule.

6. SHORTENED COURSE:

- i) Flag "S" and Two Sound Signals with Class Flag(s) displayed on the committee vessel will signify that boats should proceed to the Finishing Line and FINISH, even if they have been lapped. This amends RRS 32.2
- ii) The finishing time for boats that have been lapped shall be adjusted in an equitable manner. *NOTE:* The Officer of the Day may ask boats at the end of the fleet to retire before completing the full course, in which case an equitable arrangement will be made regarding their finishing position.

7. THE FINISH:

- i) The Finishing Line will be between the main mast of the Committee Boat and a nearby mark. This mark will usually be the same mark as is used for the Start Line, but it may be much closer to the Committee Boat. The Line must always be crossed from the direction of the Leeward Mark.

8. PROTESTS:

- i) A boat wishing to protest another competitor must inform the Race Officer of the Day before leaving the Race Area.
- ii) Protests should be lodged, in writing, within one hour of the last boat finishing. Protests will normally be heard at 1700 hours on the Sunday following the Incident.

9. LIABILITY:

- i) Neither the Dun Laoghaire Motor Yacht Club, the sponsors, the rescue personnel, nor the organisers can be held responsible for any injury, accident or damage to any person, boat or equipment arising out of these races. Competitors participate in the Frostbite entirely at their own risk in accordance with Rule 4, Decision to Race.

10. SCORING:

The Low Points Scoring System, Appendix A of the Racing Rules of Sailing shall apply, adjusted as below. Clause A5 shall apply.

- i) In the Lasers, RS and PY fleets, boats' times will be corrected according to the Portsmouth Yardstick system.

Points will be awarded as follows:-

First:1	Retirals:	Number of starters plus 1
Second:2	Disqualifications:	Number of starters plus 2
Third:3 etc.	Non-Starters:	Number of entrants plus 1

- ii) DISCARDS will be allowed as follows:

18 - 20 races sailed: 5 discards	9 - 11 races sailed: 2 discards
15 - 17 races sailed: 4 discards	6 - 8 races sailed: 1 discard
12 - 14 races sailed: 3 discards	5 or less races sailed: all races count

- iii) Lowest total wins. Ties will be broken in accordance with A8.

11. SAFETY:

- i) Adequate personal buoyancy must be worn by all competitors. Wet suits are not sufficient.
- ii) Each dinghy should have on board a knife, which is readily accessible in the case of capsize.
- iii) All dinghies **MUST** have a TOWING LINE properly secured.
- iv) Entrants shall not go outside the Harbour between 1330 hours and dark, unless racing is being held outside the Harbour.
- v) In breezy conditions, especially if the race is abandoned, boats must return to shore as quickly as possible after finishing or retiring. (NOTE: In extreme conditions, it may not be possible to return to the point of departure). If racing is being conducted outside the harbour the safest point of return may well be the public slip in Seapoint Bay.
- vi) The priority of Rescue Boat Skippers is the safety of PEOPLE. The instructions of Rescue Boat Skippers must be obeyed.
- vii) Failure to comply with any of these Safety Instructions may lead to non discardable disqualification.
- viii) In the event of the racing being abandoned due to severe weather conditions, competitors are required, in the interest of safety, to report immediately back to the DMYC on their arrival on-shore. (Telephone: 2801371).



**FROSTBITE
CHALLENGE**

D M Y C



**FROSTBITE
CHALLENGE**

D M Y C **FOR MONO-HULL DINGHIES 2015/2016**

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- PROGRAMME:** There will be racing each Sunday, weather permitting, from 1st November 2015 to 20th March 2016 inclusive. First gun will be at 1357 hours. There will be one-design racing for Fireballs: all other boats will race under the Portsmouth Yardstick Handicap System.
- NOTICE BOARD:** Results and Notices will be displayed on the Notice Board in the DMYC Clubhouse after each day's racing. Changes in Sailing Instructions will be posted here before 1315 hours on the day of the race. Any change in the schedule of races will be posted at least one week before the change is to take effect. It is the sole responsibility of each competitor to have appraised themselves of any such changes.
- SERIES:**
- | | |
|-----------------|--|
| Overall Series: | 1 st November 2015 to 20 th March 2016. |
| Series One: | 1 st November 2015 to 20 th December 2015. |
| Series Two: | 10 th January 2016 to 20 th March 2016. |
- Note (i): Three or more races must be completed to constitute a series.
- Note (ii): There will be **NO** racing on 27th December 2015 and 3rd January 2016.
- PRIZES:** Prizes for Series One will be awarded, if possible, on Sunday 20th December 2015 at the Christmas Party. Prizes for Series Two, plus Trophies & Prizes for the Overall Series will be presented in the DMYC on 20th March 2016.
- WEEKLY PRIZES:** In addition, prizes will be presented after each day's racing (at Approx. 1700 hours) to the first competitor in each race who has not already won a weekly prize. (Competitors have to be present to collect prizes on the day)
- MEMBERSHIP:** All paid-up competitors are honorary members of the DMYC on race days and on the evening of the Prizegiving. The DMYC reserves the right to withdraw this membership.
- INFRINGEMENTS:** We ask your assistance in our efforts to keep the racing simple, trouble-free, safe and enjoyable, bearing in mind the constraints involved in setting courses, racing in confined waters and compromises of the handicapping system. We would also like to remind competitors to keep clear of the Marina Fairway before, during and after each race.